

01he's welcome with everything about  
0:04the most important person in my life  
0:34create some other cried  
0:35armistead  
0:36i mean i started getting teary-eyed when even said that so i just got a better  
0:40one if i cry don't worry  
0:43i'll be okay  
0:45i cry all the time  
0:46right  
0:49and i really feel like that to 'cause united unmet  
0:53stephanie in david and the second row here an atlanta-based ap aside me  
0:58and then from there on like a car all the time  
1:01you know like you guys really feel like  
1:03family to me but  
1:06just as a  
1:07oppresses  
**1:09i was nineteen**  
**1:10when i met**  
**1:11dr c**  
**1:13and**  
**1:15everything**  
**1:16good that has happened in my life**  
**1:19i had to dr c**  
**1:22because**  
**1:24before that**  
**1:26there is nothing**  
**1:27good in my life at all**  
**1:29my parents screwed me up**  
**1:33more than**  
**1:34more than you ever known more than anyone ever**  
**1:37really realize just by looking at me**  
**1:40because i hate it so well**  
**1:45i never had anyone**  
**1:48i never had anyone to love me united all i knew that was a lot**  
**1:54my parents saying ally love you**  
**1:57that was it but then they treated me like crap**  
**2:00what i knew his love**  
**2:02and that i meet dr st**  
**2:06that's what i know what love is**  
**2:08you know and everything good that has happened to me is because of him**  
2:12when i was in atlanta  
2:15it's just  
2:17something happened to me  
2:20where i knew  
2:22i'm done  
2:23when he said remember the ones that need to go  
2:28diff within the first three seconds i thought  
2:32my parents  
2:35but then i'm thinking of crap i'm nineteen what  
2:37how can i do this lake on amend beauty school and completely broke  
2:42like what do i don't like  
2:44i'm completely

2:46on my own here you know that my parents in even support me and i'm going i'm  
2:51leaving doctor c\_ seminar  
2:53i call my mom and dad are like  
2:56next year  
2:57and a light on what happened to you  
2:59white why do you think that  
3:01well how do you know  
3:02okay okay  
3:04and just get i'm just gonna do it like are you asking these questions  
3:09and  
3:11and so then i hung up the phone and i called you know a real friend  
3:15that's really cool you know like i'm all about that yeah  
3:19she was in california  
3:21though she's like yeah i'm telling you like  
3:24totally into the self-help positive thinking it totally ima totally with  
3:29that  
3:32uh... i was like ok thats cool for then  
3:35you know  
3:36then i started to juice fast  
3:39because anodes telling peter  
3:42uh... these things that latest hit you you ideas about things you should do for  
3:46your body  
3:47all instinct  
3:49you know  
3:51and i really think it saved my life because i had been on  
3:54so many medications i think i had maybe four concussions by the time i was three  
4:01um...  
4:03i have my pen it's taken out  
4:05they got one  
4:09you know if i'm not all here  
4:11literally on the hot  
4:12on here problem  
4:15uh...  
4:18they might end a you know i was diagnosed with arthritis in a seven just  
4:22because my my ankles are swollen  
4:25an on  
4:26so then they put me in a cast  
4:28so i guess they thought that would help us like i just didn't move it it  
4:31couldn't go anywhere couldn't get more swollen this a cast on the air  
4:35you know it's just that moves out of how  
4:38uh... so then  
4:39you know my medication after medication after medication  
4:43and then in january  
4:47you know when i was in beauty school and started like  
4:50started  
4:51reading more about natural hell  
4:54and  
4:55you know i didn't really  
4:56let me go until i went to see dr c  
5:00and that's when i knew ok i'm doing this to staff  
5:04you know i'm quitting every medication i call my mom out  
5:08and i'm like

5:09so excited  
5:11united just seen dr c  
5:13you know had a hard by the way  
5:16every break there was  
5:18even in the exercises i've been hired by other people  
5:21like i mean i did but  
5:23you know for some late breaking through people trying to find dr cm i got up  
5:27here  
5:29you know every break i activate talk to him i would i made up questions  
5:35just so i could get a hug and talk to him  
5:38lab  
5:39i tell them like you know from a year later like you know i think  
5:43i discussed in those random questions that i did  
5:47like i just made stuff out too so i could talk to you did you ever kept  
5:50under that  
5:51anand  
5:56you know i am and starting a juice fast added to our next in everything but i  
6:01called my mom and i was like you know what mom  
6:04hi  
6:04i'm just gonna stop on a medication  
6:07you know right now i'm not taking celebrex anymore which had been on for  
6:11internally ten years  
6:12i was on birth control  
6:14on because my mom wanna me to take it which was a compromise against myself  
6:19uh...  
6:20never a good thing  
6:23he knows on all these medications in all this crap my body light was so screwed  
6:27up  
6:27just from the medication  
6:30you know physically  
6:31united  
6:32not even mentally emotionally but like  
6:37i called her  
6:39and she was like oh i don't know about them you can't stop  
6:42we do need it  
6:43talk to your doctor about that first right  
6:44well i thought that dr steve bell is fine  
6:47if catalyst for a few moments that i had a privacy but that was like no you don't  
6:52have it  
6:53in his i will have as he know as it gets dr c  
7:06that then she started to say well you're bringing watched  
7:14right that's it  
7:19when really i was only brainwashed by them which i'm not really  
7:23that's all hindsight's always twenty twenty you know  
7:27by them  
7:28see i was  
7:30you know i started doing clinton's i did the beep your plans for my birthday  
7:34an artist of last year  
7:36for the first time and then i just felt like completely on top of the world but  
7:40this  
7:41second or third week i went home after i stopped all this medication  
7:45and i've never felt energy like that my life

7:49you know i watch  
7:50in the house  
7:51you know and i just stop caring  
7:54you know i really just stopped caring about  
7:59what people thought  
8:01you know to a degree like i'm going home my parents didn't support mean anything  
8:06you know i'm going home off this medication you know i walk in and there  
8:09are worried like  
8:11thinking i'm going to be our struggle dot then something because i stopped  
8:14medication  
8:15so i was walking and i have my juicer  
8:18i have my ice chest was like organic food m\_i\_t\_  
8:22no i couldn't do  
8:23and they're just standing there like  
8:27uh... mine com  
8:29what happened  
8:30and united had fun with it because  
8:33why not you know like i really didn't care anymore  
8:36yet another thinking physically like  
8:39wirelessly like them on the right track you know who cares you know there's  
8:42still a  
8:44you know if they're not on the train then  
8:46you know how well you know  
8:49cell  
8:50so this really stop caring  
8:52but at the first seminar and atlanta about a year ago april twenty third two  
8:57thousand one and i will never forget the day  
9:00i had six months left in school  
9:03and i kind of salt  
9:04you know i i was in school to be an institution  
9:09so i was installer thing you know have six months left in  
9:13now really destined for greatness and i don't know if working in a spot  
9:17is really gonna  
9:19really get me there  
9:21in which i a m i really liked doing  
9:23you know skincare more consulting but  
9:28but i know it wasn't gonna get me  
9:30where i wanted to go and i even you know did interviews once i got done  
9:36uh... school and i was  
9:38i was really having their slaving espy al fine people which if i call some  
9:42protection from  
9:44and i was thinking i absolutely will not do this  
9:47or not do this to people i'm not selling out i will not  
9:51but despite any of my clients ever  
10:02and  
10:03thank you both  
10:05you know people would ask me you know what to do just  
10:10put on some coconut oil  
10:12get in the sun if you're burning get out  
10:24them  
10:26salad on a couple interviews even after i got done with school but i knew that  
10:30wasn't really what i a wanted to do because i have made the decision

10:35the first day that i met doctor c\_ i'm working for you  
10:39i'm going to be on your team  
10:41somehow  
10:43some way  
10:44at some point mylife  
10:46i don't know when i don't know how i'm going to do this  
10:51but i'll be seeing a lot of new in my future  
10:55because when you know you know  
11:04so that day  
11:05unites hold hand you know i'm  
11:07so happy yet cuz i just got a hug like the the best i have ever had in my life  
11:12i've never felt this much loved my life  
11:14at the end of completely foreign concept to me  
11:19and so i and told him you know i'm in school you have about six months lasso  
11:24unite about six months you know and gonna  
11:28he contacted you warren everything and  
11:30you know we were talking and then  
11:33i was thinking okay i have to see more and more and more dr c  
11:36so i was still completely broke  
11:38and you know my peers think im brainwash after the first seminar so they're not  
11:42like helping me go to the next seminar  
11:45for anything like that you know  
11:47okay so i  
11:49actually went to chicago was my next seminar  
11:52of doctor sees  
11:54so i'm hopeful and i get tips at for my clients  
11:58so i'm thinking okay  
12:00a prodigy and let's see how many tips i can get  
12:05i would like  
12:06hundreds of dollars in tents in no time  
12:09i don't even know how i did this  
12:12you nobody in the back of my mind i was just thinking doctors  
12:15doctors  
12:16dr c  
12:18and i kept thinking about was  
12:20look i got the message the first time but i just want to get a hot  
12:26i have to come up with the more questions to ask you or something you  
12:29know if they got it  
12:30get lying to hide  
12:32so summit all these tents and  
12:35yes i've booked my flight night  
12:37you know i get to the seminar and i called my parents again because i'm  
12:40still  
12:42binky might  
12:43him down the list it need to go that i can't let them go you know  
12:48you know this  
12:50it's all crap  
12:51if they're on the list isn't  
12:52markham off  
12:56lake just mark them off  
12:59so um... i call my parents and i'm saying  
13:03either i'm sure god i've never been on a plane in my life

13:06nineteen years old never been on a plane a completely came out of myself  
13:10i've never  
13:11ever wanted to chase after anyone like i wanted to chase after dr c  
13:18so  
13:19i booked the flight i don't even know how to book a flight on like on the  
13:21internet thinking oh god i hope i do this right  
13:24you know i've never even done this  
13:27so  
13:28so i'm booking the flag and how much parents intel r  
13:33but in chicago  
13:35going to dr c in iloilo who's going with you  
13:42the doctors will be fine  
13:45no i come about how are you going to the airport  
13:47to your hotel at hotel you sing out what fighting one  
13:50about that the cab driver you're gonna get raped you're gonna get murdered  
13:53you're gonna get mugged and i'm thinking all my god would you like dick army you  
13:56need this jesus christ  
14:05and then i don't know no no no no we don't need to come  
14:09and thinking right  
14:12so anyway i went  
14:14and there but you know having a heart attack  
14:16probably  
14:17that really they just wanted to control mean confining  
14:20keep me down like everyone else  
14:23that was ever really part of my life  
14:25almond dino all of you can relate to your just people  
14:29that no matter what you do you're never right  
14:32you can't win for losing  
14:37and then there's a piece of paper  
14:40this says  
14:41the ones that need to go  
14:43and that's for that long  
14:45and then you cross them off the list  
14:49that's what  
14:50you desire  
14:53you deserve to have them  
14:56objections dayton they're not worth the burden on you  
15:01so  
15:03cross them off the list  
15:06cell  
15:07you know my parents think ambery marce  
15:09continuously continuously size the doctor see again  
15:13you know just card in a million times and i just  
15:16unlike okay so you know now i have about four months left in school  
15:20and i'm i'm a on getting their you know what what is getting close  
15:25and you know and i'm really going to be contacting you and i just did not give  
15:28up  
15:29did not give up  
15:31so  
15:33annual couple more months down by  
15:35uniting i don't really down you know because i hadn't had a hard in a long  
15:39time so i'm thinking

15:42when's the next time i can get a hug from doctors the and dot by the way once  
15:46i got back after the first seminar all my classmates  
15:49we're like well how is the event you know they thought i was going to some  
15:52boring way  
15:54sit there are boring lecture powerpoint  
15:58so i'm going to school now are not the most incredible diet that i've ever met  
16:02my life is the just the perfect man uses  
16:05still smarting i'd just love him to death like u\_n\_ ever meet anyone in the  
16:09world like him  
16:10and there are just looking at me like cheese and she has lost it  
16:15that i think he really  
16:18his doctor see you on a lot of talking about  
16:21so etc  
16:22so anyway  
16:24i'm thinking okay the next seminar  
16:27just got out of school out so i'm not even getting test anymore and completely  
16:31completely having no money in the my parents a they're not really helped me  
16:35either  
16:36so  
16:37so bad  
16:39two weeks  
16:42before  
16:43this event it was his last day of camping year ago  
16:46two weeks before i getting email saying because you signed up for church of  
16:50interviewing dot com  
16:53you get to attend his boot camp for free and charleston south carolina  
16:57so i'm at work  
17:00and  
17:03and i think this and i'm thinking  
17:05is this real  
17:06i can drive there  
17:08not even have taken a flight as is  
17:10hit my car and go  
17:12and then  
17:13i think it was like the very next day my friend stephanie that was in atlanta  
17:18communes like  
17:22in september  
17:23you know coupley  
17:25now's libel you know i got the email that i have no where to send instead  
17:31and also i you could  
17:35i'd like it  
17:41notebooks decrypt  
17:45so that i came here alan by the way dates and reminded me this morning so i  
17:49guess i arrived here last year and you know i had as huge water bottle like  
17:54myself i took this thing with me everywhere  
17:57them  
17:58i mean  
17:59dr c\_n\_n\_ it is really like  
18:02added on the ice at the doctor steven so you know i'm all into my health and  
18:06everything so  
18:08i'm coming in  
18:09and i packed so much stuff so i think i have liked to dip light duffel bags like

18:13the big huge bhargav like water and snacks and stuff  
18:17and that i'm walking through the lobby in this in a paper bag and all the  
18:20bottom just completely falls out of the bag  
18:24auto kids walking past me  
18:26not even light looking to see if they could help me and then there's jason  
18:31and he's like i don't know him at all  
18:34and he just end up doing is like do you need some help  
18:38yes  
18:39have please i can even like harry dislike i'm gonna have to leave my stuff  
18:42here and he's just like helps me any just carries a storm is like  
18:46no big deal you know how to drive  
18:48just you know  
18:49like he's always know me so you know i just get people come into your life  
18:54and it's really just started  
18:56a work of god  
18:59canine finally get to  
19:02you get to the september seminar subedi he's like no doctors do you think i  
19:07think i've come to my november nineteenth seminar  
19:09thin charleston south like when i get to drive to the next and i'll have to buy  
19:12bright  
19:14dr  
19:16again  
19:17to the next on n at this point i'm done with school  
19:20gone on the interviews and  
19:22you know made up my mind i can't work for you know the skin care industry  
19:27which is hand-in-hand farm so mainstream completely against that  
19:31so that i tell dr c  
19:34you know i'm done with school and  
19:36do you think help  
19:38and he says you know when simeon imail  
19:40so that night  
19:42and on my computer and i cinnamon email and then from there it is  
19:47you know talked in a couple weeks  
19:49and i start working for him  
19:54i was so determined  
19:56to get where i wanted to go  
20:01that i just would not give up nothing's going to stop me because i knew  
20:04instinctively i  
20:06i had to work for dr c  
20:09and everything good that has ever happened to me  
20:13is because of him  
20:15he's the only friend that i've ever had in my life  
20:18the only friend and the only person  
20:20that is ever loved me  
20:22the only person that really truly knows me  
20:25it only person that knows me  
20:28and we've been through so much crap  
20:32and he has helped me so much get over you know the people that needed to go  
20:38i really over everything everything that that has happened to me is because of  
20:41you  
20:44i don't know what i would do without you  
21:00found



21:02 please take and all the love  
21:05 he's the only person  
21:07 that really can not anyone  
21:09 let me use is so full of love  
21:12 and  
21:13 is the most honest person i've ever met like this morning  
21:18 i think you should gray or black  
21:20 looks like now  
21:22 the black  
21:24 gray is not no  
21:26 announcement uh...  
21:27 do you think that what you wanted an honest  
21:30 incinerate  
21:32 yeah  
21:33 so i'd appreciate it  
21:35 all these things like that  
21:37 but um...  
21:40 you know  
21:42 being  
21:43 and a bad place in your life and not having  
21:47 anyone is really scary  
21:50 you know i was alone all my life  
21:53 my sister hated me  
21:55 my parents ah...  
21:57 blah blah blah  
21:59 you know i think everyone candor stand  
22:03 but at some point you just have to stand up for yourself  
22:07 because who else  
22:09 at the end of the day  
22:11 is going to  
**22:13 nobody**  
22:15 you have to